

Gynecomastia Surgery

Frequently Asked Questions

• What happens during the consultation?

- Chest examination is done to assess gland, fat, and skin excess
- Your concerns and expectations are discussed
- Treatment options, recovery, risks, and expected outcomes are explained
- Suitability for surgery is assessed

• Are any tests required before surgery?

- Some patients may require blood tests or hormonal evaluation
- Routine blood tests are most commonly done

• What is the cost of gynecomastia surgery?

- Cost depends on the grade/severity of gynecomastia
- Charges also vary based on the type of procedure and anesthesia used
- Exact costing is usually given after examination

• Why can costs vary between clinics?

- Surgeon experience
- OT safety standards and setup
- Type of anesthesia
- Equipment and consumables used

• Is the surgery painful?

- No pain is felt during surgery due to anesthesia
- Mild to minimum soreness or tightness is common after surgery
- Discomfort is usually manageable with routine medications given to you

• How long does the surgery take?

- Most procedures take anywhere between 1–2 hours
- Duration depends on severity and complexity of the case

• Is hospitalization required?

- Most gynecomastia surgeries are day-care procedures
- Patients usually go home the same day

• When can I return to work?

- Many patients return to desk work the next day
- Recovery time depends on the nature of work and extent of surgery

• How many follow-up visits are usually required?

- 3rd day after surgery
- Then after another 7–10 days
- Next after 1–3 months depending on convenience
- Additional visits may be advised if required